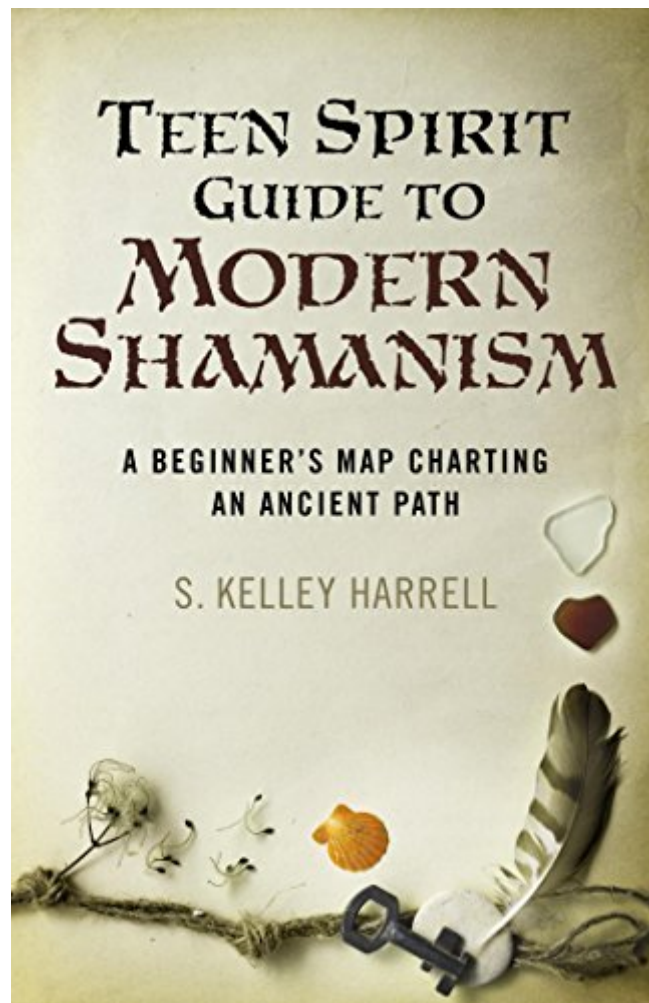




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Teen Spirit Guide To Modern Shamanism: A Beginner's Map Charting An Ancient Path



Synopsis

Teen Spirit Guide to Modern Shamanism is a light-hearted and informative handbook introducing an ancient spiritual practice to today's young adults and beginning seekers. Modern shaman and author S. Kelley Harrell, gives insight into growing from an intuitive youth into a mature facilitator of healing for others, covering the history and roles of the shaman, and their relevance in our shifting times. Complete with instructions on ecstatic journeying, this guide also presents how to incorporate shamanic insights into daily life, and how to talk with others about the modern shamanic path.

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Customer Reviews

S Kelley Harrell is setting a new standard with her original thinking and personal openness. The book is well organized and addresses the 'how to' basics, with cosmological maps and a discussion of ethics, but what makes this book neat is that it also incorporates challenges so the reader can think and apply the information from the personal level of experience. She teaches how to take in shamanism as it was meant to be - a path of direct revelation. I'm almost sorry it's labeled "Teen Spirit" because anyone can benefit from reading this, even if you have prior experience with

journeying. Young people who read and study this are very, very lucky to have found a guide vs a guru.

If you're interested in this topic, this is a great starting place! Great information written clearly. I wish I had this when I first started! I've bought both, the downloadable version and the paperback. After receiving the paperback copy, I read through it again with a highlighter. My opinion on the second read, this isn't something you just read (being fairly new to the subject), this is something that needs to be taken in and grown. A very clearly and direct written book packed with plenty of seeds for you to grow within.

Fascinating book by a very knowledgeable shaman. I know Kelley personally and find her to be intelligent, articulate, and fascinating too. She manages to be a wife, mother, writer, shaman, teacher, writer and is successful at it all.

Straightforward. Easy to read. No Mumbo Jumbo. A good book for anyone beginning to walk the shamanic path and looking for guidance on basic practices for self use and spirituality purposes. Very good. I have read many shamanic books and this I would recommend to anyone interested in what shamanism is all about. Very straightforward and accessible.

Good overview of shamanism as a life philosophy and a set of practices to support it, for those new to the field.

I bought this book thinking that it might be a great book for my 13-year-old niece, however I had a hard time getting into it. There were a lot of tough words that weren't explained well, and it wasn't very engaging. If I had a hard time with it, I would imagine teens would too. I returned it due to the fact that it wasn't engaging (and I'm a practicing Shamanic Practitioner.) ..sorry to the author

It is often difficult to find something useful that teens would love, but look no further, this is a great gift for the teen in your life. Beyond being a good read and a riveting topic, it's a well written book that will at least open a window into the fascinating world of shamanism - nothing too 'out there' but many ideas to think about presented in a non-threatening way. Exploring concepts such as totems, spirit guides and shamanic journeys, it is a book I truly wish was published a few decades back - when I was a teenager. If you've enjoyed The Teachings of Don Juan and the rest of the series,

you'll probably enjoy reading this book yourself, as the truths in it are instantly recognisable, no matter what your age is. This will be the birthday or special occasion gift for all the teens in my family this year!

"Teen Spirit Guide to Modern Shamanism" is a welcome book on the fascinating topic of shamanism. Called a guide quite accurately, this book takes the reader by the hand from the first page onward, on a journey into shamanism. The voice of S. Kelley Harrell is crystal clear and engaging, particularly for teen readers. Reading this informative book, you can relax and feel comfortable in the hands of a confident and knowledgeable guide. One of the components of this book that I really appreciated and believe will be important to youth, is that there is the opportunity to process and reflect on the information provided. This reflection time comes in the form of thought-provoking questions posed to the reader, to summarize each chapter. My only wish is that this book existed when I was a teenager on my own journey into shamanism. I highly recommend this book for teens, though it is useful to all of those embarking on this spiritual path.

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